



DISPOSING OF *Drugs*

When medicines are no longer needed to treat or maintain a condition, it is important to properly dispose of them.

Follow these tips for safely disposing of unused medications.



When disposing of syringes, place them in a sharps disposal container and drop the container at a collection site in your area. These are often in medical facilities, pharmacies or police/fire stations.



Without crushing tablets or capsules, mix medicines with dirt, kitty litter or coffee grounds in a sealed plastic bag and throw in your household trash bin.



More potent medications can be flushed down the toilet to ensure no one accidentally ingests the medicine. A list of flushable medications is available on the U.S. Food & Drug Administration website, fda.gov.



When throwing away the medication containers, be sure to remove all prescription labels.



Some medications come with instructions for proper disposal. When in doubt, you can always check with your pharmacist.

Find more tips by visiting evolution.net/healthtips

