

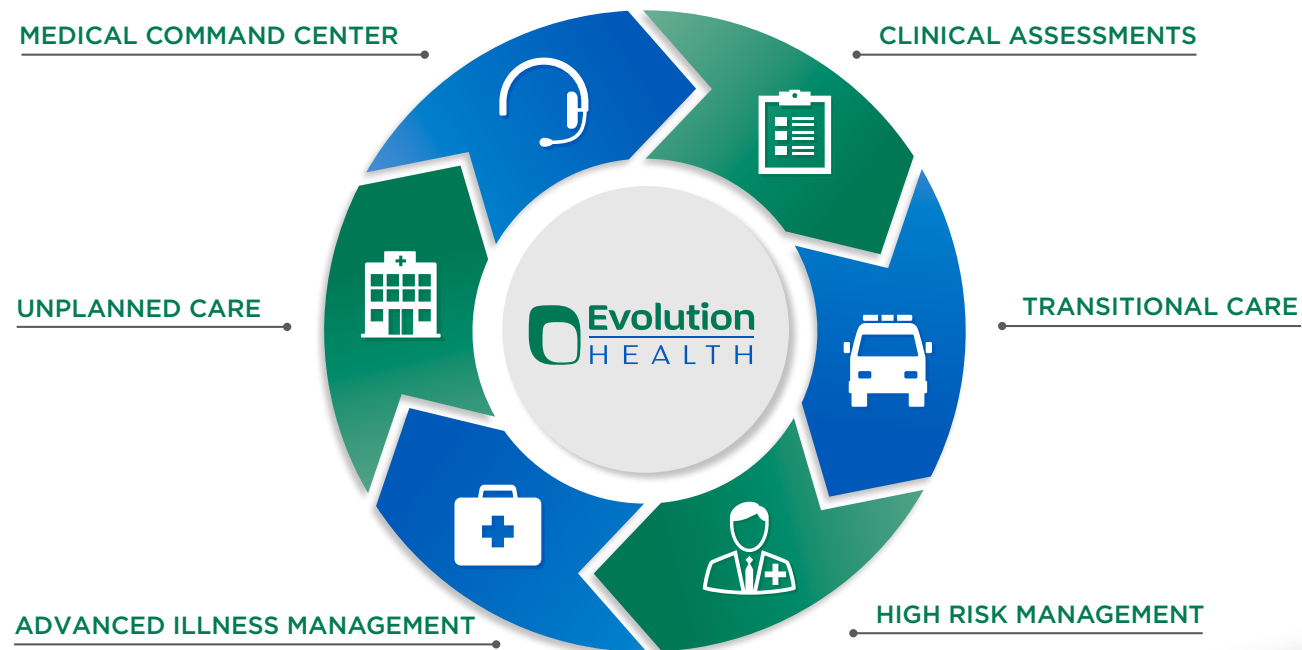
# MOBILE INTEGRATED HEALTHCARE

Evolution Health's fully integrated medical practice specializes in providing the highest quality care in the home and alternative settings, whether it's for one patient or a population of thousands. With a focus on the high-risk, medically complex, chronically ill, frail elderly, mobility impaired and other vulnerable patients, Evolution Health reduces the cost of care to risk-bearing entities by understanding that population health requires both planned and unplanned care.

Evolution Health's comprehensive Mobile Integrated Healthcare team enables effective, efficient and personalized assessment of patients. Evolution Health's state-of-the-art Medical Command Centers provide immediate access to licensed medical professionals capable of evaluating the patient's current condition, then matching and deploying appropriate resources to meet the patient's needs.

Learn more about Evolution Health by calling 855.476.4352, or visiting us at [evolution.net](http://evolution.net).

## EVOLUTION HEALTH SERVICES



# CASE STUDY:

## *House Call: Right Level of Care, Right Cost*



### SITUATION



#### *Patient*

- 54-year-old female with acute bronchitis, COPD with asthma, gastroparesis, urinary tract infection, orthostatic hypotension, Vitamin D and iron deficiency, pain and weakness.



#### *Condition*

- Discharged from the hospital after undergoing a surgery to treat spinal cord compression, the patient experienced symptoms of a yeast infection which caused her to be concerned about possible infection of the surgical site and jejunal feeding tube (j-tube) site. Additional symptoms included nausea, bloating, coughing with congestion, weakness and sleeplessness.



#### *Call*

- Patient calls the Evolution Health (EvH) Medical Command Center (MCC).



### CARE PLAN



#### *Initial Triage*

- A phone evaluation between the EvH Nurse Navigator and Mobile Integrated Nurse results in an EvH Nurse Practitioner dispatch to the patient's home.



#### *Diagnosis*

- During the session, the EvH Nurse Practitioner notices leakage and skin irritation around the j-tube, but no infection indicated.
  - Primary diagnosis: Yeast infection of the skin
  - Surgical incision site on her neck was clean with no signs of infection and lungs are clear



#### *Actionable Treatment*

- Advised patient to use Nystatin powder for the yeast infection of the skin and provided education on proper hand-washing to reduce the spread of infection.
- Advised patient to meet with the neurosurgeon and call the MCC as needed with a scheduled follow-up call in three days.



### OUTCOMES



#### *Results*

- Eased the patient's concerns about infection and provided prescriptive advice for prevention.
- Provided recommendations for easing the patient's current condition and improved safety and comfort.
- Collaborated with the patient's primary care physician to improve her experience and quality of care.



#### *Cost & Time Savings*

- Avoided the need for emergency department utilization, medical transport or hospital readmission.